

# JOHN PORT Week 1

## MONDAY

Chicken Chow Mein  
Garden Peas  
Sweetcorn  
Garlic Slice

OR

Halloumi & Red Pepper  
Stack  
Garden Peas  
Sweetcorn  
Garlic Slice

Lemon Drizzle Cake

## TUESDAY

Beef Keema Curry  
Steamed Rice  
Naan Bread  
Roast Vegetables

OR

Vegetable Balti  
Steamed Rice  
Naan Bread  
Roast Vegetables

Pineapple & Coconut  
Sponge

Custard

## WEDNESDAY

Roast Pork  
Stuffing  
Creamed Potatoes  
Fresh Broccoli

Cauliflower

OR

Vegetable Cottage Pie  
Fresh Broccoli  
Cauliflower

Pear & Honey sponge

Custard

## THURSDAY

Pepperoni Mince &  
Pasta

OR

Quorn Bolognaise

Baton Carrots  
Green Beans

Cornflake Tart

Custard

## FRIDAY

Battered Fish  
Oven Wedges  
Baked Beans  
Garden Peas  
OR

Moroccan  
mushrooms with  
Cous-Cous  
Baked Beans  
Garden Pease

Berry & Lemon  
Muffins

Custard

# JOHN PORT Week 2

## MONDAY

Indian Style Patties  
Sweetcorn  
Steamed Rice  
Naan Bread

OR

Sweet Potato &  
Chickpea Dahl Curry  
Sweetcorn  
Steamed Rice  
Naan Bread

Ginger & Treacle Cake

Custard

## TUESDAY

Chicken Traybake  
Baton Carrots  
Parisienne Potatoes

OR

Vegetable Chow Mein  
Baton Carrots  
Garlic Slice

Iced Carrot Cake

Custard

## WEDNESDAY

Roast Beef  
Leeks  
Green Cabbage  
Chive Crushed  
Potatoes

OR

Vegetarian Mince Roll  
Leeks  
Green Cabbage

Chive Crushed  
Potatoes

Chocolate & Banana  
Sponge

## THURSDAY

Sticky Honey Mustard  
Sausages  
Fresh Broccoli  
Cauliflower  
Creamed Potatoes

OR

Mushroom Stroganoff  
Fresh Broccoli  
Cauliflower  
Creamed Potatoes

Date & Cocoa Brownie

Custard

## FRIDAY

Battered Fish  
Baked Beans  
Garden Peas  
Chips

OR

Thai Style Jasmine  
Rice with Quorn  
Baked Beans  
Garden Peas

Krispy Cake

Custard

# JOHN PORT Week 3

## MONDAY

Philly & Ginger Chicken

Steamed Rice

OR

Broccoli, Chilli & Lemon  
Spaghetti

Garlic Slice

Green Beans

Paris Sandwich

Custard

## TUESDAY

Minced Beef Pie

Green Beans

Cauliflower

New Potatoes

OR

Vegetarian Casserole

Green Beans

Cauliflower

New Potatoes

Mixed Berry & Apple  
Cobbler

Custard

## WEDNESDAY

Roast Chicken

Baton Carrots

Roast Parsnips

Creamed Potatoes

OR

Red Lentil & Cheese

Enchiladas

Baton Carrots

Roast Parsnips

Lemon Pudding

Custard

## THURSDAY

Curried Cottage Pie  
with Cauli Topping

Fresh Broccoli

Baton Carrots

OR

Vegetarian Chilli & Rice

Fresh Broccoli

Baton Carrots

Rhubarb & Custard  
Cake

Custard

## FRIDAY

Salmon Fish Cake

Baked Beans

Garden Peas

or

Herby Dice

Or

Pea & Feta Pasta

Baked Beans

or

Garden Peas

Butterscotch Tart

Custard