

# JOHN PORT *Week 1*

## MONDAY

Filo Chicken Kiev

OR

Indian Vegetarian  
Shepherds Pie

Roast Vegetables

Sliced Garlic Potatoes

Honey Cake

Custard

## TUESDAY

Beef Keema Curry

OR

Stuffed Pepper with  
Vegetable Risotto

Garden Peas

Steamed Rice  
Naan Bread

Orange & Apricot Cake

Custard

## WEDNESDAY

Roast Pork  
Stuffing

OR

Roast Quorn  
Stuffing  
Gravy

Fresh Broccoli

Spring Green Mash

Apple & Date Crumble

Custard

## THURSDAY

Beef & Potato Pie

OR

Vegetable Hot Pot

Cabbage

Provencal Potatoes

Plum & Cocoa Sponge

Custard

## FRIDAY

Battered Fish

OR

Vegetable & Bean  
Burrito

Baked Beans

Chips

Lemon Courgette  
Cake

Custard

# JOHN PORT Week 2

## MONDAY

Chicken Tikka Pin  
Wheel

OR

Vegetable Chow Mein

Baton Carrots

Parisian Potatoes

Lemon Drizzle Cake

Custard

## TUESDAY

Caribbean Chicken  
Curry

OR

Sweet Chilli  
Vegetables

Garden Peas

Steamed Rice

Iced Ginger Short-  
bread

Custard

## WEDNESDAY

Roast Gammon

OR

Lentil Moussaka

Fresh Broccoli

Chive Crushed  
Potatoes

Pineapple & Coconut  
Sponge

Custard

## THURSDAY

Beef Stew with  
Yorkshire Pudding

OR

Vegetarian Casserole

Cauliflower  
Cabbage

Creamed Potatoes

Mixed Berry & Apple  
Cobbler

Custard

## FRIDAY

Salmon Fish Cake

OR

Vegetable & Bean  
Burrito

Baked Beans

Herby Dice

Apple Turnover

Custard

# JOHN PORT Week 3

## MONDAY

Chicken Potato &  
Chorizo Tray Bake

OR

Mushroom & Quorn  
Crumble

Fresh Leeks

Dauphinoise Potatoes

Ginger & Treacle Cake

Custard

## TUESDAY

Pork Bacon & Mush-  
room

OR

Sweet Potato &  
Chickpea Dhal

Green Beans

Steamed Rice  
Naan Bread

Iced Toffee Shortcake

Custard

Roast Beef

OR

Mushroom Wellington

Fresh Broccoli

Roast Potatoes

Spiced Apple Cake

Custard

## THURSDAY

Beef & Pasta Bake

OR

Vegan Burrito

Garden Peas

Garlic Slice

Cherry & Coconut  
Sponge

Custard

## FRIDAY

Battered Fish

Or

Roast Vegetable  
Parcel

Baked Beans  
Garden Peas

Chips

Rhubarb & Custard  
Cake  
Custard